

# WINTER 2 2018 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 WEEKS: JAN 22, JAN 29, FEB 5, FEB 12, FEB 26, MAR 5, MAR 12, MAR 19, MAR 26	10 WEEKS: JAN 23, JAN 30, FEB 6, FEB 13, FEB 20, FEB 27, MAR 5, MAR 12, MAR 19, MAR 27	10 WEEKS: JAN 24, JAN 31, FEB 7, FEB 14, FEB 21, FEB 28, MAR 7, MAR 14, MAR 21, MAR 28	10 WEEKS: JAN 25, FEB 1, FEB 8, FEB 15, FEB 22, MAR 1, MAR 8, MAR 15, MAR 22, MAR 29	9 WEEKS: JAN 26, FEB 2, FEB 9, FEB 16, FEB 23, MAR 2, MAR 9, MAR 16, MAR 23	8 WEEKS: JAN 27, FEB 3, FEB 10, FEB 24, MAR 3, MAR 10, MAR 17, MAR 24
9:30AM GROUP REFORMER (SH)		8:30AM-10:30AM PRIVATES (SH)		8:30AM- 11:30AM PRIVATES (SH)	8:30AM GROUP REFORMER (VL)
		9:30AM GROUP REFORMER (BD)			9:30AM DROP IN PILATES CIRCUIT** (VL)
10:30AM-12:00PM PRIVATES (SH)		11:00AM-1:00PM PRIVATES (BD)			10:30AM DROP IN REFORMER** (VL)
					11:30AM-1:30PM PRIVATES (VL)
5:30PM PRIVATE (BD)	5:30PM-7:30PM PRIVATES (BD)				
6:30PM GROUP REFORMER (BD)		6:30PM GROUP REFORMER (SH)			
6:30PM THE ROPE! (AC)					
7:30PM GROUP REFORMER (BD)	7:30PM GROUP REFORMER (BD)	7:30PM GROUP REFORMER (SH)	7:00PM BARRE (MM)		
7:30PM PILATES MAT 2* (AC)					
8:30PM PRIVATES (AC/BD)	8:30PM DROP IN REFORMER** (BD)	8:30PM PRIVATE (SH)	8:00PM DROP IN DVBB (MM)		

*\*MUST HAVE 1 YEAR PILATES EXPERIENCE*

*\*\* MUST HAVE REFORMER EXPERIENCE*